

BACON, CHEESE EGG BITE WITH DONUT HOLES



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-45885
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
DONUT HOLE WGRAIN .41Z	4 Each		839520
Abbotsford Farms® American Humane Certified Cage Free Fully Cooked Cheese and Bacon Egg Bite, 120/1.75oz	1 Each		455682

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	1.500
Grain	1.250
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	296.67
Fat	18.67g
SaturatedFat	8.17g
Trans Fat	0.00g
Cholesterol	115.00mg
Sodium	523.33mg
Carbohydrates	22.00g
Fiber	1.33g
Sugar	5.00g
Protein	10.67g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 79.33mg	Iron 1.57mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available