

PHILLY CHEESESTEAK SUB

NO IMAGE

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-9425
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEEF STK PHLL SEAS CKD 2.86Z 6-5 JTM	3 Ounce		720861
SAUCE CHS QUESO BLANCO FZ	1 Ounce		722110
White Wheat Sub Bun	1 Each		31454

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	2.550
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	357.82
Fat	14.93g
SaturatedFat	6.98g
Trans Fat	0.54g
Cholesterol	55.60mg
Sodium	877.39mg
Carbohydrates	31.58g
Fiber	2.55g
Sugar	6.05g
Protein	22.60g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 178.27mg	Iron 2.48mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available