

CHILI WITH CHEESE

NO IMAGE

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-9445
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHEESE CHED MLD SHRD 4-5 LOL	1/3 Cup		150250
CHILI W/O BEAN	3/4 Cup		438150

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	2.260
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	385.20
Fat	25.38g
SaturatedFat	11.67g
Trans Fat	0.75g
Cholesterol	65.85mg
Sodium	1270.80mg
Carbohydrates	17.07g
Fiber	3.00g
Sugar	3.75g
Protein	22.92g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 307.68mg	Iron 2.10mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available