

# CREAMY QUESO

NO IMAGE

<b>Servings:</b>	1.00	<b>Category:</b>	Condiments or Other
<b>Serving Size:</b>	2.00 Ounce	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-9447
<b>School:</b>	Manchester High School		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE CHS QUESO BLANCO FZ	2 Ounce		722110

## Preparation Instructions

No Preparation Instructions available.

## Meal Components (SLE)

Amount Per Serving

<b>Meat</b>	1.000
<b>Grain</b>	0.000
<b>Fruit</b>	0.000
<b>GreenVeg</b>	0.000
<b>RedVeg</b>	0.000
<b>OtherVeg</b>	0.000
<b>Legumes</b>	0.000
<b>Starch</b>	0.000

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 2.00 Ounce

Amount Per Serving	
<b>Calories</b>	121.60
<b>Fat</b>	9.60g
<b>SaturatedFat</b>	5.60g
<b>Trans Fat</b>	0.01g
<b>Cholesterol</b>	29.00mg
<b>Sodium</b>	436.50mg
<b>Carbohydrates</b>	1.00g
<b>Fiber</b>	0.10g
<b>Sugar</b>	0.00g
<b>Protein</b>	6.70g
<b>Vitamin A</b> 0.00IU	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 210.00mg	<b>Iron</b> 0.00mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

## Nutrition - Per 100g

<b>Calories</b>	214.47
<b>Fat</b>	16.93g
<b>SaturatedFat</b>	9.88g
<b>Trans Fat</b>	0.02g
<b>Cholesterol</b>	51.15mg
<b>Sodium</b>	769.85mg
<b>Carbohydrates</b>	1.76g
<b>Fiber</b>	0.18g
<b>Sugar</b>	0.00g
<b>Protein</b>	11.82g
<b>Vitamin A</b> 0.00IU	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 370.38mg	<b>Iron</b> 0.00mg

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