

Egg & Cheese Biscuit

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-50638
School:	Prairie Crossing		

Ingredients

Description	Measurement	DistPart #
EGG PTY RND 3.5IN	1 Each	741320
Land O Lakes® 50% Reduced Fat American Cheese Slices	1 slices	499789
DOUGH BISCUIT WGRAIN	1 Each	237390

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	1.500
Grain	1.500
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	267.70
Fat	13.40g
SaturatedFat	6.75g
Trans Fat	0.07g
Cholesterol	104.50mg
Sodium	611.20mg
Carbohydrates	26.00g
Fiber	2.60g
Sugar	3.00g
Protein	9.40g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 125.58mg	Iron 1.23mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available