

# Mini Donut Hole (Blueberry or Powdered)

|                      |                     |                       |         |
|----------------------|---------------------|-----------------------|---------|
| <b>Servings:</b>     | 2.00                | <b>Category:</b>      | Entree  |
| <b>Serving Size:</b> | 1.00 Each           | <b>HACCP Process:</b> | No Cook |
| <b>Meal Type:</b>    | Breakfast           | <b>Recipe ID:</b>     | R-41034 |
| <b>School:</b>       | Concord High School |                       |         |

## Ingredients

| Description                          | Measurement | Prep Instructions | DistPart # |
|--------------------------------------|-------------|-------------------|------------|
| DONUT HOLE CAKE BLUEB WGRAIN 60-3Z   | 1 Each      |                   | 371065     |
| DONUT HOLE CAKE PWDRD WGRAIN 60-3.1Z | 1 Each      |                   | 371058     |

## Preparation Instructions

No Preparation Instructions available.

### Meal Components (SLE)

Amount Per Serving

|                 |       |
|-----------------|-------|
| <b>Meat</b>     | 0.000 |
| <b>Grain</b>    | 2.000 |
| <b>Fruit</b>    | 0.000 |
| <b>GreenVeg</b> | 0.000 |
| <b>RedVeg</b>   | 0.000 |
| <b>OtherVeg</b> | 0.000 |
| <b>Legumes</b>  | 0.000 |
| <b>Starch</b>   | 0.000 |

### Nutrition Facts

Servings Per Recipe: 2.00

Serving Size: 1.00 Each

| Amount Per Serving      |                         |
|-------------------------|-------------------------|
| <b>Calories</b>         | 270.00                  |
| <b>Fat</b>              | 11.50g                  |
| <b>SaturatedFat</b>     | 4.25g                   |
| <b>Trans Fat</b>        | 0.00g                   |
| <b>Cholesterol</b>      | 0.00mg                  |
| <b>Sodium</b>           | 230.00mg                |
| <b>Carbohydrates</b>    | 40.50g                  |
| <b>Fiber</b>            | 2.00g                   |
| <b>Sugar</b>            | 19.50g                  |
| <b>Protein</b>          | 4.00g                   |
| <b>Vitamin A</b> 0.00IU | <b>Vitamin C</b> 0.00mg |
| <b>Calcium</b> 31.50mg  | <b>Iron</b> 1.00mg      |

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

No 100g Conversion Available