

Breakfast Sandwich Melt



Servings:	100.00	Category:	Entree
Serving Size:	1.00 Sandwich	HACCP Process:	Complex Food Prep
Meal Type:	Breakfast	Recipe ID:	R-22199

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BREAD WGRAIN WHT 16-22Z GCHC	2 Each		266547
SAUSAGE PTY PORK CKD 2Z EXP	2 0		411041
Land O'Lakes Yellow American Cheese Slice	2 slices		499786
EGG SCRMBD PTY RND GRLLD	2 Each		208990

Preparation Instructions

Lay sliced bread grill side down on sheet pan. Place one slice of cheese on bread. Then layer with sausage patty and egg patty. Top with another slice of cheese and another slice of grilled bread with the grill side facing up. Spray on the top slice of bread. Place a sheet pan on top and warm low and slow in the oven until the internal temperature reaches 155 degrees. Cut in half and serve at CCP 135 degrees or higher. For faster heating times slack the sausage and egg patty in the cooler the day before preparation.

Meal Components (SLE)

Amount Per Serving

Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 100.00

Serving Size: 1.00 Sandwich

Amount Per Serving			
Calories	3.50		
Fat	0.17g		
SaturatedFat	0.07g		
Trans Fat	0.00g		
Cholesterol	1.75mg		
Sodium	9.00mg		
Carbohydrates	0.36g		
Fiber	0.04g		
Sugar	0.05g		
Protein	0.17g		
Vitamin A	0.65IU	Vitamin C	0.00mg
Calcium	2.40mg	Iron	0.02mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available