

# Unicorn Yogurt Parfait



<b>Servings:</b>	96.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Each	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Breakfast	<b>Recipe ID:</b>	R-51343
<b>School:</b>	Garden Prairie		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
YOGURT BLUEB L/F	16 Pound		558311
BLUEBERRY IQF	8 Pound		166720
APPLE GRANNY SMITH	4 Pound	diced	582271
YOGURT VAN L/F	16 Pound		881161
ORANGES MAND IN JCE	16 Pound	canned, drained	612448
STRAWBERRY SMALL DCD FZ	4 Pound		630480
YOGURT STRAWB L/F	16 Pound		640171
Cones; Eat-It-All 204B Honey-Roll Sugar Cone	96 Each	You can also use item 523649, at GFS	119521
CEREAL LUCKY CHARMS	12 Pound	3/4 serving each= .75 oz grain	427829

## Preparation Instructions

Instructions:

Assembly

Place #16 scoop of blueberry yogurt in the bottom of 16 oz parfait cups; layer on 1/8 cup each of blueberries and green apples.

Add #16 scoop of vanilla yogurt then layer on 1/8 cup each of mandarin oranges and strawberries.

Add #16 scoop of strawberry yogurt and top with 1 sugar cone.

Serve cold immediately with the Lucky Charms cup on the side for students to add as desired.

Option=Make it a meal by adding a garden salad and serving of milk if desired.

For crediting in USDA Child Nutrition Programs, 1 serving (1 parfait with cereal cup) = 2 Meat/Meat Alternative, 2 oz equivalent Grain and 1/2 cup Fruit

### Meal Components (SLE)

Amount Per Serving

<b>Meat</b>	2.000
<b>Grain</b>	1.000
<b>Fruit</b>	0.500
<b>GreenVeg</b>	0.000
<b>RedVeg</b>	0.000
<b>OtherVeg</b>	0.000
<b>Legumes</b>	0.000
<b>Starch</b>	0.000

### Nutrition Facts

Servings Per Recipe: 96.00

Serving Size: 1.00 Each

Amount Per Serving	
<b>Calories</b>	770.35
<b>Fat</b>	7.42g
<b>SaturatedFat</b>	3.66g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	34.98mg
<b>Sodium</b>	449.64mg
<b>Carbohydrates</b>	151.59g
<b>Fiber</b>	1.70g
<b>Sugar</b>	121.99g
<b>Protein</b>	25.46g
<b>Vitamin A</b> 8.03IU	<b>Vitamin C</b> 11.60mg
<b>Calcium</b> 2079.57mg	<b>Iron</b> 2.59mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

No 100g Conversion Available