Chicken Fajita Wrap

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-51165
School:	Benton Jr -Sr High		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHICKEN FAJITA STRIPS, COOKED, FROZEN	3 1/5 Ounce		100117
TORTILLA FLOUR ULTRGR 8IN	1 Each		882700
CHEESE CHED MLD SHRD 4-5 LOL	1 Ounce		150250

Preparation Instructions

Thaw the chicken under refrigeration over night.

Assemble: tortilla wrap, chicken fajita, cheese

Wrap, Fold in ends of tortilla and roll from other end until closed

Offer with shredded lettuce, salsa & sour cream. (Optional)

Refrigerate until ready to serve

Hold at 40 Degrees or less

Meal Components (SLE) Amount Per Serving

g	
Meat	2.750
Grain	1.500
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Amount Per Serving					
Cal	ories	339.82			
F	at	13.26g			
SaturatedFat		7.88g			
Trans Fat		0.00g			
Cholesterol		84.65mg			
Sodium		812.35mg			
Carbohydrates		32.38g			
Fiber		4.00g			
Sugar		3.88g			
Protein		24.94g			
Vitamin A	0.00IU	Vitamin C	0.00mg		
Calcium	144.50mg	Iron	2.00mg		

^{*}All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available