# **Berry Glaze Dessert**

Servings:	60.00	Category:	Fruit
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-51322
School:	Prairie Crossing		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
Blueberries - frozen	15 Pound	Thawed. May substitute thawed whole or sliced strawberries, or sweet cherries.	100243
GLAZE STRAWBERRY	1/2 #10 CAN		149284

# **Preparation Instructions**

- 1. Thaw the blueberries just overnight. Drain.
- 2. Fold blueberries into glaze, do not smash fruit.
- 3. Dish up in a 6 ounce side dish with a #8 disher.
- 4. Seal with a lid and mark with the prepared date.
- 5. Hold in cold pass thru at 35-40 degrees, serve cold.

### Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.500
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 60.00 Serving Size: 0.50 Cup

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Amount Per Serving					
Calories		127.32			
Fat		0.00g			
SaturatedFat		0.00g			
Trans Fat		0.00g			
Cholesterol		0.00mg			
Sodium		6.54mg			
Carbohydrates		29.96g			
Fiber		5.62g			
Sugar		20.71g			
Protein		0.00g			
Vitamin A	0.00IU	Vitamin C	0.00mg		
Calcium	0.44mg	Iron	0.00mg		

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

\*\*One or more nutritional components are missing from at least one item on this recipe.

#### Nutrition - Per 100g

No 100g Conversion Available