

BBQ Chicken on Bun

NO IMAGE

Servings:	64.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Complex Food Prep
Meal Type:	Lunch	Recipe ID:	R-51568
School:	Prairie Crossing		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Chicken, Diced, Cooked, Frozen	10 Pound		100101
SAUCE BBQ	1 Quart 1 Cup (5 Cup)		655937
BUN HAMB WGRAIN 3.5 10-12CT GCHC	64 Each		266545

Preparation Instructions

1. Toss chicken with sauce to mix.
2. Heat in the steamer for 35-45 minutes. Stir and take the temperature. Cook to 165 degrees.
3. Serve Hot.

Serving with #12 disher.

Meal Components (SLE)

Amount Per Serving

Meat	2.500
Grain	1.500
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 64.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	243.75
Fat	4.00g
SaturatedFat	0.00g
Trans Fat	0.00g
Cholesterol	52.50mg
Sodium	431.25mg
Carbohydrates	30.25g
Fiber	2.00g
Sugar	13.63g
Protein	19.00g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 25.00mg	Iron 1.00mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available