Beef Soft Taco w/ chips & salsa



Servings:	25.00	Category:	Entree
Serving Size:	3.17 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-30703
School:	CREEKSIDE ELEM SCHL		

Ingredients

O			
Description	Measurement	Prep Instructions	DistPart #
TACO FILLING BEEF REDC FAT 6-5 COMM	5 Pound	14# = 2 bags	722330
TORTILLA FLOUR ULTRGR 6IN	25 Each	75= 6 pkgs + 3	882690
CHEESE CHED MLD SHRD 4-5 LOL	1 Pound	READY_TO_EAT Preshredded. Use cold or melted	150250
SALSA CUP	25 Each	HEAT_AND_SERVE Ready to Eat MIX Ready to Eat READY_TO_DRINK Ready to Eat READY_TO_EAT Ready to Eat UNPREPARED Ready to Eat UNSPECIFIED Ready to Eat	677802
CHIP TORTL WHT TRI	1 Pound 9 Ounce (25 Ounce)		163010

Preparation Instructions

- 1. Place bags of taco meat into a steam table pan. Steam.
- CCP: Heat for 30-35 minutes until product reaches a min internal temperature of 140 for at least 15 seconds.
- 2. Cut open bags and pour into serving pans. Cover.
- CCP: Hold for hot service at 135F or higher.

To serve: Use a #12 scoop of taco meat (should be about 3.17 oz), 1 soft shell, and 2 T (0.5 oz) cheese. Boat the taco with 1oz (about 8) chips and serve with salsa cup.

Meal Components (SLE)

Amount Per Serving

Amount Fer Serving		
Meat	2.670	
Grain	2.000	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.631	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.000	

Nutrition Facts

Servings Per Recipe: 25.00 Serving Size: 3.17 Ounce

Amount Per Serving				
Calories		435.04		
Fat		18.20g		
SaturatedFat		8.22g		
Trans Fat		0.00g		
Cholesterol		53.84mg		
Sodium		757.63mg		
Carbohydrates		39.70g		
Fiber		6.02g		
Sugar		6.02g		
Protein		20.83g		
Vitamin A	0.00IU	Vitamin C	0.00mg	
Calcium	233.96mg	Iron	4.00mg	
		*		

^{*}All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

484.09	
20.25g	
9.15g	
0.00g	
59.91mg	
843.04mg	
44.17g	
6.70g	
6.70g	
23.17g	
Vitamin C	0.00mg
Iron	4.45mg
	20.25g 9.15g 0.00g 59.91mg 843.04mg 44.17g 6.70g 6.70g 23.17g Vitamin C

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