

Taco Salad (elem)

NO IMAGE

Servings:	1.00	Category:	Entree
Serving Size:	1.00	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-49816

Ingredients

Description	Measurement	Prep Instructions	DistPart #
TACO FILLING BEEF REDC FAT 6-5 COMM	3 1/4 Ounce	Thaw product under refrigeration approx 2 days	722330
CHIP TORTL RND YEL	2 Ounce	Weigh out 1 ounce to get number of chips per ounce. Serve 2 oz chips on side in boat or baggie.	163020
CHEESE CHED MLD SHRD 4-5 LOL	2 Ounce	READY_TO_EAT Preshredded. Use cold or melted	150250
LETTUCE ROMAINE RIBBONS	1 Cup		451730
Red Gold Salsa, Dipping Cup, 3 Oz Each, 84/Case	1 Each		677802
SOUR CREAM PKT	1 Each		745903
SAUCE TACO MILD PKT	1 Each		192007

Preparation Instructions

1. Portion romaine lettuce into the bottom of the a boat.
 2. Add 3 oz shredded cheddar cheese.
- CCP: Hold for cold service at 40F until ready to serve.
4. Prepare taco meat according to package direction.
- CCP: Hold for hot service at 140F or above.

To Serve:

5. Add #12 Scoop of taco meat to boat with lettuce and cheese.

6. Serve with 2 oz of chips on the side, directly onto tray.

1 salsa cup, 1 sour cream packet, and taco sauce are optional, place available for self service.

Meal Components (SLE)

Amount Per Serving

Meat	4.050
Grain	2.500
Fruit	0.000
GreenVeg	0.500
RedVeg	0.633
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00

Amount Per Serving			
Calories	675.95		
Fat	36.92g		
SaturatedFat	18.35g		
Trans Fat	0.00g		
Cholesterol	114.86mg		
Sodium	1048.16mg		
Carbohydrates	56.13g		
Fiber	9.05g		
Sugar	7.05g		
Protein	32.12g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	562.26mg	Iron	4.03mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available