

# Beef Soft Taco w/ chips & salsa



<b>Servings:</b>	25.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	3.17 Ounce	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-30703
<b>School:</b>	CREEKSIDE ELEM SCHL		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
TACO FILLING BEEF REDC FAT 6-5 COMM	5 Pound	14# = 2 bags	722330
TORTILLA FLOUR ULTRGR 6IN	25 Each	75= 6 pkgs + 3	882690
CHEESE CHED MLD SHRD 4-5 LOL	1 Pound	READY_TO_EAT Preshredded. Use cold or melted	150250
SALSA CUP	25 Each	HEAT_AND_SERVE Ready to Eat MIX Ready to Eat READY_TO_DRINK Ready to Eat READY_TO_EAT Ready to Eat UNPREPARED Ready to Eat UNSPECIFIED Ready to Eat	677802
CHIP TORTL WHT TRI	1 Pound 9 Ounce (25 Ounce)		163010

## Preparation Instructions

- Place bags of taco meat into a steam table pan. Steam.  
CCP: Heat for 30-35 minutes until product reaches a min internal temperature of 140 for at least 15 seconds.
- Cut open bags and pour into serving pans. Cover.  
CCP: Hold for hot service at 135F or higher.

To serve: Use a #12 scoop of taco meat (should be about 3.17 oz), 1 soft shell, and 2 T (0.5 oz) cheese. Boat the taco with 1oz (about 8) chips and serve with salsa cup.

## Meal Components (SLE)

Amount Per Serving

<b>Meat</b>	2.670
<b>Grain</b>	2.000
<b>Fruit</b>	0.000
<b>GreenVeg</b>	0.000
<b>RedVeg</b>	0.631
<b>OtherVeg</b>	0.000
<b>Legumes</b>	0.000
<b>Starch</b>	0.000

## Nutrition Facts

Servings Per Recipe: 25.00

Serving Size: 3.17 Ounce

Amount Per Serving	
<b>Calories</b>	435.04
<b>Fat</b>	18.20g
<b>SaturatedFat</b>	8.22g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	53.84mg
<b>Sodium</b>	757.63mg
<b>Carbohydrates</b>	39.70g
<b>Fiber</b>	6.02g
<b>Sugar</b>	6.02g
<b>Protein</b>	20.83g
<b>Vitamin A</b> 0.00IU	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 233.96mg	<b>Iron</b> 4.00mg

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

## Nutrition - Per 100g

<b>Calories</b>	484.09
<b>Fat</b>	20.25g
<b>SaturatedFat</b>	9.15g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	59.91mg
<b>Sodium</b>	843.04mg
<b>Carbohydrates</b>	44.17g
<b>Fiber</b>	6.70g
<b>Sugar</b>	6.70g
<b>Protein</b>	23.17g
<b>Vitamin A</b> 0.00IU	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 260.33mg	<b>Iron</b> 4.45mg

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