

Buffalo Mac & Cheese Bowl

NO IMAGE

| | | | |
|----------------------|--------------------------------------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-25909 |
| School: | FRANKLIN COMMUNITY HIGH SCHOOL | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|-------------------------------|--------------|---|------------|
| ENTREE MACAR & 3CHS 6-5 JTM | 6 Ounce | BOIL KEEP FROZENPlace sealed bag in a steamer or in boiling water.Heat Approximately 45 minutes or until product reaches serving temperature.CAUTION: Open bag carefully to avoid being burned. | 149193 |
| CHIX STRP FAJT DK MT FC | 1 1/2 Ounce | BAKE Appliances vary, adjust accordingly. Conventional Oven Set at 350°F, reheat 25 - 30 minutes from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven Set at 400°F, 15 - 20 minutes from frozen. MICROWAVE Appliances vary, adjust accordingly. Microwave Oven Reheat 3 1 2 minutes on high setting from frozen. | 860390 |
| SAUCE BUFF WNG REDHOT | 1 Tablespoon | | 704229 |
| CORNBREAD SNAC FORT WGRAIN IW | 1 Each | | 159791 |

Preparation Instructions

1. Mix buffalo sauce with chicken strips. Steam until temperature reaches 165°.

2. Serve approx 1.50 oz chicken over the mac and cheese when a part of the mac and cheese bowl.

CCP: Hold for hot service at 140° or higher.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|-------|
| Meat | 3.000 |
| Grain | 2.000 |
| Fruit | 0.000 |
| GreenVeg | 0.000 |
| RedVeg | 0.000 |
| OtherVeg | 0.000 |
| Legumes | 0.000 |
| Starch | 0.000 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00

| Amount Per Serving | |
|---------------------------|-------------------------|
| Calories | 564.00 |
| Fat | 25.50g |
| SaturatedFat | 10.20g |
| Trans Fat | 0.00g |
| Cholesterol | 105.00mg |
| Sodium | 1661.01mg |
| Carbohydrates | 57.00g |
| Fiber | 3.00g |
| Sugar | 18.00g |
| Protein | 28.50g |
| Vitamin A 616.00IU | Vitamin C 0.00mg |
| Calcium 413.00mg | Iron 2.50mg |

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available