

FCS Grizzly Bowl

NO IMAGE

| | | | |
|----------------------|--|-----------------------|------------------|
| Servings: | 38.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-33901 |
| School: | FRANKLIN COMMUNITY MIDDLE SCHOOL | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|--|-------------|---|------------|
| POTATO PRLS EXCEL | 1 Package | Can also use potato #166872 | 146581 |
| CORN CUT SUPER SWT | 8 Pound | * Use commodity corn whenever able! * | 851329 |
| GRAVY CHIX RSTD | 2 Quart | HEAT_AND_SERVE Convection: Place covered prepared product into 300°F oven for 30/201340 minutes until center reaches 165°F. Conventional: Place covered prepared product into 350°F oven for 60 minutes until center reaches 165°F. Microwave: Place prepared product into microwave safe covered container. Heat on high approximately 2/20133 minutes per portion or until center reaches 165°F. Stove Top: Place uncovered prepared product over medium heat for 10/201315 minutes or until center reaches 165°F, stirring occasionally to prevent scorching. | 516309 |
| CHIX POPCORN BRD WGRAIN FC .28Z 4-8 | 8 Pound | Bake according to package directions. | 327120 |
| CHEESE CHED MLD SHRD 4-5 LOL | 1 Cup | READY_TO_EAT Preshredded. Use cold or melted | 150250 |
| Whole Grain Dinner Roll | 38 Each | Ready to eat | 3920 |

Preparation Instructions

DIRECTIONS

1. Prepare potato pearls per package directions.
2. Layer prepared potatoes into a 4" full steam table pan.
3. Layer the corn on top of the potatoes, 4#per pan.
4. Layer the gravy on top of the corn, 1 qt per pan.
5. Top with 11 oz of cheese per pan.
6. Layer the chicken over the gravy, approx. 4# 4oz per pan. Or portion on top of the potato mixture after plating the scoop of potato/corn layer. Add a roll on the side when served.
7. Bake at 350°F until the internal temperature is 165° for 15 sec.

CCP: Hold food for hot service at 135°F.

Serving Size is: 2/3 Cup (#6 Scoop) for the potato/corn/gravy cheese, plus 12 each popcorn chicken pieces.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|-------|
| Meat | 2.102 |
| Grain | 2.000 |
| Fruit | 0.000 |
| GreenVeg | 0.000 |
| RedVeg | 0.000 |
| OtherVeg | 0.000 |
| Legumes | 0.000 |
| Starch | 1.868 |

Nutrition Facts

Servings Per Recipe: 38.00

Serving Size: 1.00 Serving

| Amount Per Serving | |
|---------------------------|-------------------------|
| Calories | 663.23 |
| Fat | 20.57g |
| SaturatedFat | 3.91g |
| Trans Fat | 0.00g |
| Cholesterol | 25.98mg |
| Sodium | 1147.56mg |
| Carbohydrates | 93.18g |
| Fiber | 11.42g |
| Sugar | 7.38g |
| Protein | 21.87g |
| Vitamin A 124.40IU | Vitamin C 0.00mg |
| Calcium 132.45mg | Iron 4.05mg |

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available