

Popcorn Chicken Basket



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-49544

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX BRST CHNK BRD WGRAIN CKD	5 Each	BAKE FROM FROZEN: CONVENTIONAL OVEN FOR 27-29 MINUTES AT 350F; CONVECTION OVEN FOR 10-12 MINUTES AT 350F.	536790
FRIES WDG 8CUT CRSPY OVEN R/SOD	3 Ounce	3 oz wedges = 1/2 cup	174251
BREADSTICK WGRAIN GARL HERB 1Z	1 Each		512723

Preparation Instructions

- Preheat convection oven to 350°F. Place frozen chicken in a single layer on a parchment lined baking sheet.
Conventional Oven for 27-29 minutes at 350 degrees F.
Convection Oven for 10-12 minutes at 350 degrees F.
CCP: Heat to 165F for at least 15 seconds.
- Bake wedges according to directions.
CCP: Hold at 135 until service.
- Assemble chicken on one side of a boat, wedges in the other half of the boat, and 1 garlic breadstick in boat for serving.

Meal Components (SLE)

Amount Per Serving

Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.500

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	410.00
Fat	14.50g
SaturatedFat	2.50g
Trans Fat	0.00g
Cholesterol	50.00mg
Sodium	860.00mg
Carbohydrates	49.00g
Fiber	4.00g
Sugar	1.00g
Protein	21.00g
Vitamin A 200.00IU	Vitamin C 0.00mg
Calcium 40.00mg	Iron 2.08mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available