

Cheese Lasagna w/ garlic toast

NO IMAGE

Servings:	50.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Complex Food Prep
Meal Type:	Lunch	Recipe ID:	R-28409
School:	FRANKLIN COMMUNITY HIGH SCHOOL		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PASTA LASGN RIDG CURLY 2 1/8IN	2 3/4 Pound		108197
SAUCE SPAGHETTI	2 #10 CAN	READY_TO_EAT None	744520
CHEESE COTTAGE SML 4	10 Pound	READY_TO_EAT Served as a side dish, used in a recipe or paired with fresh fruits.	220051
SPICE PARSLEY FLAKES	1/4 Cup		513989
CHEESE PARM GRTD	7 Ounce		164259
CHEESE MOZZ SHRD	3 Pound	READY_TO_EAT Preshredded. Use cold or melted.	645170
BREAD GARL TX TST SLC	1 Each		243681

Preparation Instructions

If needed, drain cottage cheese. In a large bowl, combine the cottage cheese, parsley, Parmesan and mozzarella cheese. If cottage cheese is too dry, add a small amount of milk to loosen.

Assemble as follows:

- layer 2 1/4 C sauce in the bottom of each pan.

- layer with 9 noodles
 - layer with 2# cheese mixture
 - Layer another 2 1/4 C of sauce
 - repeat with noodles, cheese mixture, and sauce
 - layer noodles and top with 1 1/4 C sauce. Top with an additional 2 C of shredded mozzarella cheese
 - cover with plastic wrap and refrigerate overnight
- Next Day - remove the plastic wrap and cover with foil. Bake in a convection oven at 325° for 40 minutes.
 CCP: Heat to 160° or higher for 15 sec.
 Remove from oven and allow to sit for at least 15 min. before serving.
 CCP: Hold for hot service at 135° or higher.
 Cut each pan 5 X 5 (25 portions per pan)

Meal Components (SLE)

Amount Per Serving

Meat	1.760
Grain	0.460
Fruit	0.000
GreenVeg	0.000
RedVeg	1.293
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 50.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	284.68
Fat	9.30g
SaturatedFat	4.66g
Trans Fat	0.00g
Cholesterol	24.40mg
Sodium	500.30mg
Carbohydrates	34.16g
Fiber	2.97g
Sugar	11.34g
Protein	17.27g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 266.22mg	Iron 1.85mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available