

Cookbook for Union Township Middle School/Wheeler High School

Created by HPS Menu Planner

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Mini French Toast

Assorted Cereal Kit

Pop-Tarts

Mini Donuts

100% Fruit Juice

Green Beans

Blueberry Yogurt Parfait

Sandwich of the Week

9-12 Soup of the Day

Beef Nachos

Chicken Patty on Bun

Cheesy Refried Beans

Mexican Corn

Chicken Alfredo

Steamed Broccoli

Mini Waffles

Eggo Mini Pancakes

Spicy Chicken Patty on Bun

9-12: Tater Tots 1 cup

Baked Cinnamon Apple Slices

Mixed Vegetables

9-12: Potato Wedges 1 cup

Hamburger on Bun

Cheeseburger on Bun

9-12: French Fries 1 cup

9-12: 4 Chicken Tenders

Steamed Carrots

Peas

Grilled Cheese

Tomato Soup

Walking Taco

Corn

9-12: Chicken Nuggets 8 each

Lasagna Roll-Ups

Brown Rice

9-12: Brown Rice 1 cup serving

Mashed Potatoes

Chicken Gravy