

Tomato Soup-Northwood High

Servings:	200.00	Category:	Vegetable
Serving Size:	1.00 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-19619
School:	Northwood High School		

Ingredients

Description	Measurement	DistPart #
SOUP TOMATO	8 #10 CAN 3/7 #5 CAN (15 #5 CAN)	488232
MILK PWD INST FF	3 Quart	113336
Cold Water	6 1/2 Gallon	0000

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.671
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 200.00

Serving Size: 1.00 Cup

Amount Per Serving	
Calories	121.93
Fat	1.11g
SaturatedFat	0.02g
Trans Fat	0.00g
Cholesterol	1.44mg
Sodium	453.94mg
Carbohydrates	23.01g
Fiber	1.07g
Sugar	14.49g
Protein	4.72g
Vitamin A 1.58IU	Vitamin C 0.49mg
Calcium 101.16mg	Iron 0.45mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available
