

Rosy Applesauce

Servings:	25.00	Category:	Fruit
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-19366
School:	Northwood Middle School		

Ingredients

Description	Measurement	DistPart #
Applesauce cnd	1 #10 CAN	110541comm
GELATIN MIX STRAWB	1/3 Cup	524581

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.500
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 25.00

Serving Size: 0.50 Cup

Amount Per Serving	
Calories	60.16
Fat	0.00g
SaturatedFat	0.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	11.05mg
Carbohydrates	16.28g
Fiber	1.03g
Sugar	13.18g
Protein	0.11g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 0.11mg	Iron 0.00mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available