

Sloppy Joe Sandwich-Northwood High

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-19612
School:	Northwood High School		

Ingredients

Description	Measurement	DistPart #
SLOPPY JOE REDUCED FAT 6-5 COMM	3 3/4 Ounce	564790
BUN HAMB SLCD WGRAIN WHT 4 10-12CT	1 Each	266546

Preparation Instructions

3 oz scoop for Sloppy Joe

Meal Components (SLE)

Amount Per Serving

Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.130
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving			
Calories	299.90		
Fat	7.99g		
SaturatedFat	2.77g		
Trans Fat	0.00g		
Cholesterol	45.45mg		
Sodium	930.91mg		
Carbohydrates	35.33g		
Fiber	3.83g		
Sugar	12.26g		
Protein	18.74g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	60.99mg	Iron	3.86mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available