

# Bacon Egg Cheese Biscuit-Northwood High

|                      |                         |                       |                  |
|----------------------|-------------------------|-----------------------|------------------|
| <b>Servings:</b>     | 1.00                    | <b>Category:</b>      | Entree           |
| <b>Serving Size:</b> | 1.00 Each               | <b>HACCP Process:</b> | Same Day Service |
| <b>Meal Type:</b>    | Breakfast               | <b>Recipe ID:</b>     | R-19544          |
| <b>School:</b>       | Northwood Middle School |                       |                  |

## Ingredients

| Description                                    | Measurement | DistPart # |
|--|-------------|------------|
| Egg Patty                                      | 1 Each      | 110931     |
| BACON CKD                                      | 1 Slice     | 125141     |
| CHEESE, AMERICAN BLENDED, YELLOW, SKIM, SLICED | 1 Slice     | 100036     |
| DOUGH BISCUIT WGRAIN                           | 1 Each      | 237390     |

## Preparation Instructions

No Preparation Instructions available.

### Meal Components (SLE)

Amount Per Serving

|                 |       |
|-----------------|-------|
| <b>Meat</b>     | 1.500 |
| <b>Grain</b>    | 1.500 |
| <b>Fruit</b>    | 0.000 |
| <b>GreenVeg</b> | 0.000 |
| <b>RedVeg</b>   | 0.000 |
| <b>OtherVeg</b> | 0.000 |
| <b>Legumes</b>  | 0.000 |
| <b>Starch</b>   | 0.000 |

### Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

| Amount Per Serving   |          |
|----------------------|----------|
| <b>Calories</b>      | 317.70   |
| <b>Fat</b>           | 18.90g   |
| <b>SaturatedFat</b>  | 8.50g    |
| <b>Trans Fat</b>     | 0.07g    |
| <b>Cholesterol</b>   | 144.50mg |
| <b>Sodium</b>        | 756.20mg |
| <b>Carbohydrates</b> | 25.00g   |
| <b>Fiber</b>         | 2.60g    |
| <b>Sugar</b>         | 2.50g    |
| <b>Protein</b>       | 12.40g   |
| <b>Vitamin A</b>     | 0.00IU   |
| <b>Vitamin C</b>     | 0.00mg   |
| <b>Calcium</b>       | 27.58mg  |
| <b>Iron</b>          | 1.18mg   |

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Nutrition - Per 100g**

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No 100g Conversion Available

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