

Chicken Salad Sandwich

Servings:	13.00	Category:	Entree
Serving Size:	0.50 Cup	HACCP Process:	Complex Food Prep
Meal Type:	Lunch	Recipe ID:	R-51913
School:	Northwood High School		

Ingredients

Description	Measurement	DistPart #
Chicken, diced, cooked, frozen	1 Quart	100101
DRESSING SALAD	1 Pint	251066
SEASONING POULTRY	1 Teaspoon	273996
SPICE PEPR RED CAYENNE GRND	1 Teaspoon	225088
SPICE PEPR BLK REG FINE GRIND	1 Teaspoon	225037
SUGAR BEET GRANUL	1 Tablespoon	108588
SALT SEA	1 Teaspoon	748590
ONION DCD 1/2IN	1 Fluid Ounce	426059
BUN HAMB SLCD WGRAIN WHT 4 10-12CT	13 Each	266546

Preparation Instructions

Mix all ingredients together. Serve with a #12 scoop.

Note: Meat/Meat Alternative calculated with Govt (brown box) Diced Chicken; will need to be adjusted with use of another kind of chicken. Serve with Hamburger buns (GFS#517810) or 8" Tortilla Shell (GFS#882700)

Meal Components (SLE)

Amount Per Serving

Meat	1.500
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 13.00

Serving Size: 0.50 Cup

Amount Per Serving	
Calories	307.97
Fat	12.15g
SaturatedFat	1.73g
Trans Fat	0.00g
Cholesterol	44.62mg
Sodium	686.15mg
Carbohydrates	31.04g
Fiber	3.00g
Sugar	7.45g
Protein	14.23g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 30.46mg	Iron 2.00mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available