

Green Beans with Bacon

Servings:	258.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-47171
School:	Benton Elementary		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Green Beans, Low Sodium Canned	10 #10 CAN	Use Brown Box Commodity when available or use GFS#118737	100307
BACON BIT 1/4IN	1 Quart		332817
SPICE ONION POWDER	1/2 Tablespoon		126993
SPICE GARLIC POWDER	1/2 Tablespoon		224839

Preparation Instructions

Place drained green beans in a 4 inch pan with bacon. Steam for 30 minutes. Make sure that temperature is to 155 degrees. Place in hot hold until ready for service.

Updated 12.16.24

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.500
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 258.00

Serving Size: 0.50 Cup

Amount Per Serving			
Calories	51.12		
Fat	2.23g		
SaturatedFat	0.74g		
Trans Fat	0.00g		
Cholesterol	7.44mg		
Sodium	244.56mg		
Carbohydrates	4.03g		
Fiber	2.01g		
Sugar	2.01g		
Protein	3.24g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.07mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available