

Alfredo with Garlic Breadstick

NO IMAGE

Servings:	50.00	Category:	Entree
Serving Size:	1.00 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-48671
School:	Walton-Verona Elementary		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Water	6 Gallon	Bring water to a rolling boil- add a little salt to water. Add pasta slowly- stir and cook 10-12 minutes- do not overcook- add a little oil to pasta	Water
PASTA SPAGHETTI 10IN	4 Pound		654560
SAUCE ALFREDO FZ	2 1/2 Package	BOIL KEEP FROZENPlace sealed bag in a steamer or in boiling water.Heat Approximately 45 minutes or until product reaches serving temperature.CAUTION: Open bag carefully to avoid being burned.	155661
BREADSTICK PLAIN 8IN	50 Each	BAKE Bake for 5 minutes at 350 degrees F.	219610

Preparation Instructions

Put sauce and water into pot or steamer and simmer for 1 hour 135F or above

Heat water for pasta to a rolling boil. Slowly add pasta and cook for 10-12 minutes until pasta is tender. Stir occasionally. Do not overcook. Drain and divide equally in pan- spray pan with pan release spray. •

Hold hot foods at 135 °F or above

Meal Components (SLE)

Amount Per Serving

Meat	2.186
Grain	1.250
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 50.00

Serving Size: 1.00 Cup

Amount Per Serving	
Calories	469.09
Fat	14.38g
SaturatedFat	6.99g
Trans Fat	0.07g
Cholesterol	39.34mg
Sodium	1081.04mg
Carbohydrates	61.62g
Fiber	2.28g
Sugar	9.84g
Protein	20.94g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 465.30mg	Iron 2.65mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available