

Chicken Fajita Wrap



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-51165
School:	Benton Jr -Sr High		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHICKEN FAJITA STRIPS, COOKED, FROZEN	3 1/5 Ounce		100117
TORTILLA FLOUR ULTRGR 8IN	1 Each		882700
CHEESE CHED MLD SHRD 4-5 LOL	1 Ounce		150250

Preparation Instructions

- Thaw the chicken under refrigeration over night.
- Assemble: tortilla wrap, chicken fajita, cheese
- Wrap, Fold in ends of tortilla and roll from other end until closed
- Offer with shredded lettuce, salsa & sour cream. (Optional)
- Refrigerate until ready to serve
- Hold at 40 Degrees or less

Meal Components (SLE)

Amount Per Serving

Meat	2.750
Grain	1.500
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	339.82
Fat	13.26g
SaturatedFat	7.88g
Trans Fat	0.00g
Cholesterol	84.65mg
Sodium	812.35mg
Carbohydrates	32.38g
Fiber	4.00g
Sugar	3.88g
Protein	24.94g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 144.50mg	Iron 2.00mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available