

Carrots - Steamed - HCHS

Servings:	400.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-29396
School:	Henderson County High School		

Ingredients

Description	Measurement	DistPart #
CARROT SLCD C/C LRG	1/2 Cup	359020
SEASONING GARDEN NO SALT	1 Teaspoon	565148
BUTTER SUB	1 Tablespoon	209810

Preparation Instructions

Season to taste. Steam for 20 minutes or until tender. Be careful not to over cook.