## **Spanish Rice**

Servings:	25.00	Category:	Grain
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-23894

## **Ingredients**

Description	Measurement	Prep Instructions	DistPart #
RICE BRN MEXICAN WGRAIN	1 Pound 10 Ounce (26 Ounce)		576280
BUTTER PRINT SLTD GRD AA	1/4 Cup		191205
Tap Water for Recipes	1 Quart 1 Pint 1 Cup (7 Cup)	Boiling	000001WTR

## **Preparation Instructions**

#### Conventional Oven:

- 1. Preheat oven to 350 degrees
- 2. Combine 7 cups of boiling water, 1/4 cup of butter or margarine, rice, and contents of seasoning pouch in a full size steam table pan. Stir well.
- 3. Cover and bake for approximately 35 minutes or until most of the liquid is absorbed. Stir well. Keep warm.

#### Stove Top:

- 1. Combine 7 cups of water and 1/4 cup of butter or margarine in a stockpot. Bring to a boil.
- 2. Stir in rice and contents of seasoning pouch. Reduce heat to a gentle boil (simmer); cook covered for approximately 20-25 minutes or until most of the liquid has been absorbed, stirring occasionally.
- 3. Stir well and transfer to a serving pan. Keep warm. Fluff with fork before serving.

Updated 6.9.23

# Meal Components (SLE) Amount Per Serving

Autodit i et eetving			
Meat	0.000		
Grain	1.000		
Fruit	0.000		
GreenVeg	0.000		
RedVeg	0.000		
OtherVeg	0.000		
Legumes	0.000		
Starch	0.000		

### **Nutrition Facts**

Servings Per Recipe: 25.00 Serving Size: 0.50 Cup

Amount Per Serving					
Calories		120.00			
Fat		2.80g			
SaturatedFat		1.12g			
Trans Fat*		0.00g			
Cholesterol		4.80mg			
Sodium		170.40mg			
Carbohydrates		21.84g			
Fiber		1.04g			
Sugar		0.00g			
Protein		4.16g			
Vitamin A	0.00IU	Vitamin C	0.00mg		
Calcium	20.80mg	Iron	0.37mg		

<sup>\*</sup>All reporting of TransFat is for information only, and is not used for evaluation purposes

## **Nutrition - Per 100g**

No 100g Conversion Available