

Falcon-Fil-A Nuggets

Servings:	1.00	Category:	Entree
Serving Size:	6.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-52317
School:	North Liberty Elem		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Jennie-O Dill Breaded Turkey Nuggets	6 Each		463236

Preparation Instructions

Cook according to directions on case.

Note: Additional Grain item should be paired or offered with entree

Meal Components (SLE)

Amount Per Serving	
Meat	2.000
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00			
Serving Size: 6.00 Each			
Amount Per Serving			
Calories		230.00	
Fat		9.00g	
SaturatedFat		1.50g	
Trans Fat*		0.00g	
Cholesterol		0.00mg	
Sodium		690.00mg	
Carbohydrates		15.00g	
Fiber		1.00g	
Sugar		1.00g	
Protein		21.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	1.40mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available	
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