

Mini Pancakes/Waffles/French Toast

Servings:	6.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-22941

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PANCAKE MINI MAPL IW	1 Package		284831
PANCAKE MINI CONFET 72-3.03Z EGGO	1 Package		395303
WAFFLE MINI MAPL IW	1 Package		284811
WAFFLE MINI BLUEB WGRAIN IW	1 Package		269240
FRENCH TST MINI CHOC CHIP IW	1 Package		498492
FRENCH TST MINI CINN IW	1 Package		150291

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 6.00			
Serving Size: 1.00 Each			
Amount Per Serving			
Calories		201.67	
Fat		6.00g	
SaturatedFat		1.17g	
Trans Fat*		0.00g	
Cholesterol		2.50mg	
Sodium		216.67mg	
Carbohydrates		35.67g	
Fiber		3.67g	
Sugar		10.83g	
Protein		4.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	113.33mg	Iron	2.23mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available
