

Variety of Crackers

Servings:	12.00	Category:	Grain
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-22918

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CRACKER GRHM STCK SCOOBY	1 Package		859550
CRACKER GRHM VAN CHAT	1 Package		774471
CRACKER GLDFSH GRHM FREN TST	1 Package		288252
CRACKER GRHM BUG BITES	1 Package		859560
CRACKER GRHM TIGER BITE CHOC	1 Package		123171
CRACKER GRHM HNY MAID LIL SQ	1 Package		503370
CRACKER GLDFSH GRHM VAN	1 Each		198472
CRACKER GLDFSH CINN	1 Package		194510
CRACKER GRHM GRIPZ CHOC IW	1 Package		282441
CRACKER GRHM GRIPZ	1 Package		805640
CRACKER GLDFSH WGRAIN COLOR	1 Package		112702
CRACKER GLDFSH CHED WGRAIN	1 Package		736280

Preparation Instructions

All packages equal 1 grain and are whole grain.
Note: When used at breakfast it does not matter about dessert grains.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 12.00

Serving Size: 1.00 Each

Amount Per Serving			
Calories		117.50	
Fat		3.71g	
SaturatedFat		0.79g	
Trans Fat*		0.00g	
Cholesterol		0.00mg	
Sodium		123.75mg	
Carbohydrates		19.50g	
Fiber		1.17g	
Sugar		5.92g	
Protein		1.92g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	13.33mg	Iron	0.87mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available