

TOASTED 3 CHEESE SANDWICH



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-9453
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHEESE SWS 160CT SLCD PROC	1 Slice		164348
CHEESE COLBY JK SLCD	1 Each		105988
CHEESE PEPR JK SLCD	1 Slice		777587
White Wheat Sandwich Bread	1 Slice		12385

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	0.750
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving			
Calories		268.91	
Fat		18.45g	
SaturatedFat		9.64g	
Trans Fat*		0.00g	
Cholesterol		52.50mg	
Sodium		578.64mg	
Carbohydrates		14.45g	
Fiber		1.20g	
Sugar		2.00g	
Protein		15.12g	
Vitamin A	50.00IU	Vitamin C	0.00mg
Calcium	399.10mg	Iron	0.88mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available