

HOMEMADE WARM CINNAMON APPLES



Servings:	120.00	Category:	Fruit
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-9952
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
APPLE SLCD MI 7+1	30 Pound		270954
SPICE CINNAMON GRND	1/4 Cup		224723
SPICE NUTMEG GRND	1 Tablespoon		224944
BUTTER PRINT SLTD GRD AA	4 Fluid Ounce		191205

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.500
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 120.00

Serving Size: 0.50 Cup

Amount Per Serving			
Calories	132.38		
Fat	0.73g		
SaturatedFat	0.47g		
Trans Fat*	0.00g		
Cholesterol	2.00mg		
Sodium	23.14mg		
Carbohydrates	29.71g		
Fiber	1.14g		
Sugar	27.43g		
Protein	1.14g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	8.00mg	Iron	1.14mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available