

SAUTEED MUSHROOMS



Servings:	65.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-9974
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
MUSHROOM STEMS PCS BLNCHD DOM	2 1/2 #10 CAN		119024
BUTTER PRINT SLTD GRD AA	2 Fluid Ounce		191205

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 65.00

Serving Size: 0.50 Cup

Amount Per Serving			
Calories	9.76		
Fat	0.68g		
SaturatedFat	0.43g		
Trans Fat*	0.00g		
Cholesterol	1.85mg		
Sodium	58.52mg		
Carbohydrates	0.43g		
Fiber	0.36g		
Sugar	0.00g		
Protein	0.24g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.00mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available