

CHEESY HAM AND POTATO SOUP WITH CHEESY BREAD



Servings:	240.00	Category:	Entree
Serving Size:	8.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-10664
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Tap Water for Recipes	3 1/2 Gallon	UNPREPARED	000001WTR
POTATO DCD	5 #10 CAN		118583
CARROT DCD 1/4IN	3 Quart 1 Pint 1 Cup (15 Cup)		200972
CELERY DCD 1/4IN	3 Quart 1 Pint 1 Cup (15 Cup)		198196
SALT IODIZED	3 Fluid Ounce 1 Tablespoon (7 Tablespoon)		350732
FLOUR A/P PASTRY	1 Quart 1 Pint 1 1/2 Cup (7 1/2 Cup)		260231
BUTTER PRINT SLTD GRD AA	1 Quart 1 Pint 1 1/2 Cup (7 1/2 Cup)		191205
MILK WHT 2	3 3/4 Gallon		504602
SPICE PEPR BLK REG FINE GRIND	1 Tablespoon 3/4 Teaspoon (3 3/4 Teaspoon)		225037
Ham, CKD, Frozen, 97% FF Commodity 100184	20 Pound	UNSPECIFIED	100184
CHEESE AMER 160CT SLCD R/F	15 Pound		722360
BREADSTICK CHS WGRAIN	240 Each		723880

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving	
Meat	3.550
Grain	2.250
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.060
Legumes	0.000
Starch	0.250

Nutrition Facts

Servings Per Recipe: 240.00			
Serving Size: 8.00 Ounce			
Amount Per Serving			
Calories		472.95	
Fat		22.83g	
SaturatedFat		13.28g	
Trans Fat*		0.00g	
Cholesterol		49.84mg	
Sodium		1318.35mg	
Carbohydrates		42.81g	
Fiber		4.31g	
Sugar		5.05g	
Protein		26.39g	
Vitamin A	1820.47IU	Vitamin C	1.20mg
Calcium	402.04mg	Iron	1.32mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

Calories		208.54	
Fat		10.07g	
SaturatedFat		5.86g	
Trans Fat*		0.00g	
Cholesterol		21.97mg	
Sodium		581.29mg	
Carbohydrates		18.88g	
Fiber		1.90g	
Sugar		2.23g	
Protein		11.64g	
Vitamin A	802.69IU	Vitamin C	0.53mg
Calcium	177.27mg	Iron	0.58mg

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