

CANDIED BABY CARROTS



Servings:	28.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-11081
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BUTTER PRINT SLTD GRD AA	1/4 Cup		191205
SUGAR BROWN LT	1/2 Cup		860311
CARROT BABY WHL PETITE	5 Pound	equivalent based on USDA FBG	768146

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.446
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 28.00

Serving Size: 0.50 Cup

Amount Per Serving			
Calories		43.21	
Fat		1.57g	
SaturatedFat		1.00g	
Trans Fat*		0.00g	
Cholesterol		4.29mg	
Sodium		75.36mg	
Carbohydrates		7.71g	
Fiber		1.79g	
Sugar		4.14g	
Protein		0.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	25.71mg	Iron	0.71mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available