

APPLE TURNOVER



Servings:	1.00	Category:	Condiments or Other
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-11083
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
TURNOVER APPLE	1 Each	BAKE Standard Prep: Place 12 turnovers in a 3x4 pattern on a parchment lined full sheet pan. For unsugared turnovers, spray top with water, sprinkle with sanding sugar if desired. Bake time 22-26 minutes in 350 degrees F convection oven. See package for complete baking instructions.	820334

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving			
Calories		350.00	
Fat		22.00g	
SaturatedFat		11.00g	
Trans Fat*		0.00g	
Cholesterol		0.00mg	
Sodium		220.00mg	
Carbohydrates		33.00g	
Fiber		1.00g	
Sugar		8.00g	
Protein		4.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	30.00mg	Iron	1.60mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available