

# LASAGNA SOUP



|               |                        |                |                  |
|---------------|------------------------|----------------|------------------|
| Servings:     | 62.00                  | Category:      | Entree           |
| Serving Size: | 8.00 Ounce             | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:     | R-11124          |
| School:       | Manchester High School |                |                  |

## Ingredients

| Description               | Measurement                | Prep Instructions   | DistPart # |
|---------------------------|----------------------------|---|------------|
| 85/15 Ground Beef, Frozen | 10 Pound                   |   | 100158     |
| TOMATO DCD PETITE         | 2 #10 CAN                  | HEAT_AND_SERVE<br>Ready to Eat<br>MIX<br>Ready to Eat<br>READY_TO_DRINK<br>Ready to Eat<br>READY_TO_EAT<br>Ready to Eat<br>UNPREPARED<br>Ready to Eat<br>UNSPECIFIED<br>Ready to Eat  | 498871     |
| SOUP TOMATO               | 2 Pound 1 Ounce (33 Ounce) | UNPREPARED<br>Slowly Mix Soup + 1 Can Water. Stove: Heat, Stirring Occasionally.  | 101427     |
| BROTH BF NO MSG           | 1 Gallon 2 Quart (24 Cup)  | HEAT_AND_SERVE<br>Convection: Place covered prepared product into 300°F oven for 30/u201340 minutes until center reaches 165°F.<br>Conventional: Place covered prepared product into 350°F oven for 60 minutes until center reaches 165°F.<br>Microwave: Place prepared product into microwave safe covered container. Heat on high approximately 2/u20133 minutes per portion or until center reaches 165°F.<br>Stove Top: Place uncovered prepared product over medium heat for 10/u201315 minutes or until center reaches 165°F, stirring occasionally to prevent scorching. | 504599     |

| Description            | Measurement   | Prep Instructions                                | DistPart # |
|------------------------|---------------|--|------------|
| SPICE THYME LEAF       | 1 Tablespoon  |  | 513814     |
| SPICE BASIL LEAF       | 1 Fluid Ounce |  | 513628     |
| SPICE OREGANO LEAF     | 1 Fluid Ounce |  | 228443     |
| SPICE PEPR RED CRUSHED | 1 Tablespoon  |  | 430196     |
| PASTA FARFALLE         | 2 1/2 Pound   |  | 102881     |
| CHEESE MOZZ SHRD       | 1 Pound       | READY_TO_EAT<br>Preshredded. Use cold or melted. | 645170     |

## Preparation Instructions

Recipe yield checked 2-8-22, 11-16-22

Brown ground beef; cook until internal temperature is at least 155 degrees. Drain off fat. Add tomatoes, soup, broth, and seasonings. Bring to a boil, add pasta and cook until just tender. Serve with Mozzarella cheese and parmesan(opt).

### Meal Components (SLE)

| Amount Per Serving |       |
|--------------------|-------|
| Meat               | 2.000 |
| Grain              | 0.250 |
| Fruit              | 0.000 |
| GreenVeg           | 0.000 |
| RedVeg             | 0.454 |
| OtherVeg           | 0.000 |
| Legumes            | 0.000 |
| Starch             | 0.000 |

### Nutrition Facts

| Servings Per Recipe: 62.00 |         |           |        |
|----------------------------|---------|-----------|--------|
| Serving Size: 8.00 Ounce   |         |           |        |
| Amount Per Serving         |         |           |        |
| Calories                   |         | 286.24    |        |
| Fat                        |         | 13.43g    |        |
| SaturatedFat               |         | 4.75g     |        |
| Trans Fat*                 |         | 1.93g     |        |
| Cholesterol                |         | 53.94mg   |        |
| Sodium                     |         | 591.24mg  |        |
| Carbohydrates              |         | 21.03g    |        |
| Fiber                      |         | 1.61g     |        |
| Sugar                      |         | 5.39g     |        |
| Protein                    |         | 19.81g    |        |
| Vitamin A                  | 0.00IU  | Vitamin C | 0.00mg |
| Calcium                    | 58.79mg | Iron      | 0.66mg |

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

## Nutrition - Per 100g

|               |         |           |        |
|---------------|---------|-----------|--------|
| Calories      |         | 126.21    |        |
| Fat           |         | 5.92g     |        |
| SaturatedFat  |         | 2.10g     |        |
| Trans Fat*    |         | 0.85g     |        |
| Cholesterol   |         | 23.78mg   |        |
| Sodium        |         | 260.69mg  |        |
| Carbohydrates |         | 9.27g     |        |
| Fiber         |         | 0.71g     |        |
| Sugar         |         | 2.38g     |        |
| Protein       |         | 8.73g     |        |
| Vitamin A     | 0.00IU  | Vitamin C | 0.00mg |
| Calcium       | 25.92mg | Iron      | 0.29mg |

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