

# HOMEMADE UPSIDE DOWN CHICKEN POT PIE OVER BISCUIT



|               |                        |                |                  |
|---------------|------------------------|----------------|------------------|
| Servings:     | 16.00                  | Category:      | Entree           |
| Serving Size: | 1.00 Each              | HACCP Process: | Same Day Service |
| Meal Type:    | Lunch                  | Recipe ID:     | R-11834          |
| School:       | Manchester High School |                |                  |

## Ingredients

| Description                         | Measurement          | Prep Instructions                      | DistPart # |
|-------------------------------------|----------------------|----------------------------------------|------------|
| POTATO DCD                          | 1 Pint               |                                        | 118583     |
| CARROT DCD                          | 1 3/4 Cup            |                                        | 285640     |
| ONION DCD 1/4IN                     | 1/4 Cup              |                                        | 198307     |
| FLOUR A/P PASTRY                    | 1 Cup                |                                        | 260231     |
| SPICE THYME LEAF                    | 1 Teaspoon           |                                        | 513814     |
| Black Pepper                        | 3/4 Teaspoon         | BAKE                                   | 24108      |
| BROTH CHIX NO MSG                   | 1 Pint 1 Cup (3 Cup) |                                        | 261564     |
| CHIX DCD 1/2 WHT/DARK CKD 2-5 TYSON | 3 Pound              | UNSPECIFIED<br>Not currently available | 570533     |
| CORN CUT SUPER SWT                  | 1 Cup                |                                        | 851329     |
| PEAS GREEN                          | 1 Cup                |                                        | 610802     |
| DOUGH BISC HMSTYL                   | 16 Each              |                                        | 504076     |

## Preparation Instructions

No Preparation Instructions available.

### Meal Components (SLE)

| Amount Per Serving |       |
|--------------------|-------|
| Meat               | 2.500 |
| Grain              | 2.000 |
| Fruit              | 0.000 |
| GreenVeg           | 0.000 |
| RedVeg             | 0.109 |
| OtherVeg           | 0.006 |
| Legumes            | 0.000 |
| Starch             | 0.272 |

### Nutrition Facts

| Servings Per Recipe: 16.00 |         |           |        |
|----------------------------|---------|-----------|--------|
| Serving Size: 1.00 Each    |         |           |        |
| Amount Per Serving         |         |           |        |
| Calories                   |         | 396.73    |        |
| Fat                        |         | 15.16g    |        |
| SaturatedFat               |         | 6.51g     |        |
| Trans Fat*                 |         | 0.00g     |        |
| Cholesterol                |         | 55.00mg   |        |
| Sodium                     |         | 852.36mg  |        |
| Carbohydrates              |         | 41.40g    |        |
| Fiber                      |         | 2.62g     |        |
| Sugar                      |         | 3.68g     |        |
| Protein                    |         | 21.91g    |        |
| Vitamin A                  | 0.00IU  | Vitamin C | 0.00mg |
| Calcium                    | 45.71mg | Iron      | 3.14mg |

\*All reporting of TransFat is for information only, and is not used for evaluation purposes

### Nutrition - Per 100g

|                              |  |
|------------------------------|--|
| No 100g Conversion Available |  |
|------------------------------|--|