HOMEMADE HEARTY BACON AND POTATO SOUP

NO IMAGE

Servings:16.00Category:EntreeServing Size:8.00 OunceHACCP Process:Same Day ServiceMeal Type:LunchRecipe ID:R-12349School:Manchester High School

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BACON L/O 18-22CT CC FZ	1 Pound		247685
POTATO RDSKN DCD FRSH	2 Pound		541117
ONION DEHY CHPD	1 Tablespoon		263036
SOUR CREAM	1 Pound	READY_TO_EAT Served as a topping on a hot or cold meal	285218
MILK WHT 2	1 Pint 1 Cup (3 Cup)		504602
SOUP CRM OF CHIX	1 Pound 9 Ounce (25 Ounce)	UNPREPARED Slowly Mix Soup + 1 2 Can Water + 1 2 Can Milk** With Whisk. Stove: Heat, Stirring Occasionally.	695513
CORN CUT SUPER SWT	1 Pint 1 Cup (3 Cup)		851329
SPICE PEPR BLK REG FINE GRIND	1/2 Teaspoon		225037
SPICE THYME LEAF	1/2 Teaspoon		513814
SPICE GARLIC SALT NO MSG	1/2 Teaspoon		224847

Preparation Instructions

Cook bacon until almost crispy. Drain but don't drain dry. Add potatoes and onion. Cook until the potatoes are done. Add remaining ingredients. Cook until heated through.

Meal Components (SLE) Amount Per Serving		
Meat	0.000	
Grain	0.000	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Legumes	0.000	
Starch	0.498	

Nutrition Facts

Servings Per Recipe: 16.00 Serving Size: 8.00 Ounce

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Amount Per Serving				
Calories		167.67		
Fat		8.82g		
SaturatedFat		4.25g		
Trans Fat*		0.00g		
Cholesterol		28.98mg		
Sodium		437.37mg		
Carbohydrates		14.32g		
Fiber		0.80g		
Sugar		3.48g		
Protein		8.67g		
Vitamin A	289.03IU	Vitamin C	0.46mg	
Calcium	84.63mg	Iron	0.07mg	

^{*}All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

Calories	73.93
Fat	3.89g
SaturatedFat	1.87g
Trans Fat*	0.00g
Cholesterol	12.78mg
Sodium	192.85mg
Carbohydrates	6.31g
Fiber	0.35g
Sugar	1.53g
Protein	3.82g
Vitamin A 127.44	U Vitamin C 0.20mg
Calcium 37.32m	ig Iron 0.03mg

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