

BELGIAN WAFFLES WITH SOUTHERN STYLE SAUSAGE PATTIES



| | | | |
|---------------|------------------------|----------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 2.00 Each | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-13878 |
| School: | Manchester High School | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|-----------------------------------|-------------|---|------------|
| SAUSAGE PTY STHRN 1.33Z 6-5 JTM | 2 Each | BAKE Place patties on a sheet pan and heat in convection oven at 350 degrees to 375 degrees F for approximately 7-8 minutes. | 785880 |
| WAFFLE BEL WHLWHE 48-3.5IN GINNYS | 2 Each | | 243572 |

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

| | |
|-----------------|-------|
| Meat | 2.000 |
| Grain | 3.000 |
| Fruit | 0.000 |
| GreenVeg | 0.000 |
| RedVeg | 0.000 |
| OtherVeg | 0.000 |
| Legumes | 0.000 |
| Starch | 0.000 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 2.00 Each

| Amount Per Serving | | | |
|----------------------|-----------|------------------|--------|
| Calories | | 822.00 | |
| Fat | | 48.00g | |
| SaturatedFat | | 19.40g | |
| Trans Fat* | | 0.00g | |
| Cholesterol | | 82.00mg | |
| Sodium | | 664.00mg | |
| Carbohydrates | | 76.00g | |
| Fiber | | 4.00g | |
| Sugar | | 36.00g | |
| Protein | | 20.00g | |
| Vitamin A | 1112.00IU | Vitamin C | 0.00mg |
| Calcium | 32.00mg | Iron | 2.88mg |

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available