

TACO SALAD



Servings:	1.00	Category:	Vegetable
Serving Size:	1.00 Cup	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-13881
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
LETTUCE ROMAINE RIBBONS	3 Gallon 1 Quart 1 Pint 1 Cup (55 Cup)		451730
BEEF GRND 85/15 FREE FALL	3 Pound		330841
SEASONING TACO	4 Fluid Ounce		413429
TOMATO ROMA DCD 3/8IN	1 Quart		786543
CHEESE CHED MLD SHRD 4-5 LOL	2 Quart 1 Pint (10 Cup)	READY_TO_EAT Preshredded. Use cold or melted	150250
CHIP NACHO REDC FAT	14 Ounce	READY_TO_EAT Use code date on bag to rotate product so the oldest product is consumed first. Use in your to go menu, place on display rack or include in catering box lunches. Contact PepsiCo Foodservice for display equipment options.	456090
SUGAR BEET GRANUL	1 2/3 Cup		108588
DRESSING 1000 ISL 6-49FLZ GCHC	2 Pound 8 Ounce (40 Ounce)		525150

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving	
Meat	40.000
Grain	21.000
Fruit	0.000
GreenVeg	27.500
RedVeg	1.333
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00			
Serving Size: 1.00 Cup			
Amount Per Serving			
Calories		13145.39	
Fat		750.00g	
SaturatedFat		346.00g	
Trans Fat*		6.00g	
Cholesterol		2380.00mg	
Sodium		22240.06mg	
Carbohydrates		920.77g	
Fiber		96.33g	
Sugar		482.44g	
Protein		672.33g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	9736.00mg	Iron	49.32mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available	
------------------------------	--