

2 CINNAMON SUGAR TOPPED BLUEBERRY PASTRY FILLED WITH CINNAMON & CHEESE



Servings:	1.00	Category:	Entree
Serving Size:	2.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-16406
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BREADSTICK CINN BLUEB TWST	2 Each		480431

Preparation Instructions

Spray with PAM before baking for softer crust. Place Twisted Stix in ovenable bag for a softer texture if desired. 32-54 Sticks fit on baking sheet. Convection Oven: Preheat convection oven to 350 degrees F. Place sticks on parchment lined baking sheet(s). Bake 8-10 minutes or until product reaches an internal temperature of 165 degrees F.

Meal Components (SLE)

Amount Per Serving

Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 2.00 Each

Amount Per Serving			
Calories		360.00	
Fat		12.00g	
SaturatedFat		4.00g	
Trans Fat*		0.00g	
Cholesterol		20.00mg	
Sodium		560.00mg	
Carbohydrates		48.00g	
Fiber		4.00g	
Sugar		14.00g	
Protein		16.00g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	300.00mg	Iron	2.88mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available