

CHEDDAR CHEESE SAUCE



Servings:	1.00	Category:	Condiments or Other
Serving Size:	2.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-16592
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE CHS CHED SHARP	1/4 Cup		136476

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 2.00 Ounce

Amount Per Serving			
Calories		70.00	
Fat		5.00g	
SaturatedFat		2.50g	
Trans Fat*		0.00g	
Cholesterol		0.00mg	
Sodium		560.00mg	
Carbohydrates		6.00g	
Fiber		0.00g	
Sugar		1.00g	
Protein		0.00g	
Vitamin A	100.00IU	Vitamin C	0.00mg
Calcium	20.00mg	Iron	0.00mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

Calories		123.46	
Fat		8.82g	
SaturatedFat		4.41g	
Trans Fat*		0.00g	
Cholesterol		0.00mg	
Sodium		987.67mg	
Carbohydrates		10.58g	
Fiber		0.00g	
Sugar		1.76g	
Protein		0.00g	
Vitamin A	176.37IU	Vitamin C	0.00mg
Calcium	35.27mg	Iron	0.00mg

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