

BREADED PORK TENDERLOIN SANDWICH



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-16595
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PORK FR TTR	1 Each		589357
4" Whole Grain White Hamburger Bun	1 Each	READY_TO_EAT	1711

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving			
Calories		420.00	
Fat		11.00g	
SaturatedFat		3.00g	
Trans Fat*		0.00g	
Cholesterol		40.00mg	
Sodium		780.00mg	
Carbohydrates		57.00g	
Fiber		3.00g	
Sugar		4.00g	
Protein		22.00g	
Vitamin A	100.00IU	Vitamin C	0.00mg
Calcium	20.00mg	Iron	3.08mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available