

HOMESTYLE MACARONI AND CHEESE WITH HAM



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-16938
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
ENTREE MACAR CHS HMSTYL	1 Cup		180340
TURKEY HAM DCD	2 Ounce		202150

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving			
Calories		393.09	
Fat		19.32g	
SaturatedFat		8.00g	
Trans Fat*		0.00g	
Cholesterol		86.54mg	
Sodium		938.94mg	
Carbohydrates		27.00g	
Fiber		3.00g	
Sugar		0.00g	
Protein		22.30g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	150.00mg	Iron	1.48mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available