

FRESH BAKED BREADSTICK



Servings:	1.00	Category:	Grain
Serving Size:	2.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-16956
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
DOUGH BREADSTICK FREN	1 Each		439576

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 2.00 Each

Amount Per Serving			
Calories	66.40		
Fat	0.85g		
SaturatedFat	0.15g		
Trans Fat*	0.01g		
Cholesterol	1.50mg		
Sodium	126.05mg		
Carbohydrates	12.50g		
Fiber	0.45g		
Sugar	1.00g		
Protein	2.40g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	4.31mg	Iron	0.80mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available