

CHOCOLATY S'MORE BARS



Servings:	12.00	Category:	Grain
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-16960
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHOC CHIPS SMISWT 1000/	1/3 Cup		242115
MARSHMALLOW	10 Ounce		112771
CEREAL GLDN GRAHAMS	12 Ounce		676519
BUTTER PRINT SLTD GRD AA	2 Fluid Ounce		191205

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving

Meat	0.000
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 12.00

Serving Size: 1.00 Each

Amount Per Serving			
Calories		259.13	
Fat		6.18g	
SaturatedFat		3.43g	
Trans Fat*		0.00g	
Cholesterol		10.00mg	
Sodium		267.50mg	
Carbohydrates		49.07g	
Fiber		1.94g	
Sugar		26.69g	
Protein		2.77g	
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	100.91mg	Iron	2.88mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available