

BACON AND CHEESE SCRAMBLED EGGS with FRENCH TOAST STIX



Servings:	33.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-17371
School:	Manchester High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRENCH TST STIX WGRAIN 6-2 RICH	132 Each		652370
EGG SCRMBD LIQ MIX	8 Pound		533149
BACON TOPPING 3/8IN DCD	1 Quart 1 Cup (5 Cup)		104396
CHEESE CHED MLD SHRD 4-5 LOL	1 Quart 1 Cup (5 Cup)		150250

Preparation Instructions

Spray aluminum pans. Add 4 cartons of eggs per pan. Steam on 10 at 350 for 20 minutes. Stir in bacon and cheese. Cover with wrap and place in pass-thru.

Meal Components (SLE)

Amount Per Serving

Meat	4.500
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Legumes	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 33.00

Serving Size: 1.00 Each

Amount Per Serving			
Calories		695.15	
Fat		35.64g	
SaturatedFat		10.97g	
Trans Fat*		0.00g	
Cholesterol		383.03mg	
Sodium		1168.48mg	
Carbohydrates		63.52g	
Fiber		4.00g	
Sugar		13.94g	
Protein		31.33g	
Vitamin A	7.74IU	Vitamin C	0.00mg
Calcium	231.50mg	Iron	4.92mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

No 100g Conversion Available